BLUEPRINT

EDUCATIONAL PRIORITY: As a result of living on campus, students will deepen their sense of self and belonging, contribute to thriving communities, and craft meaningful lives with curiosity and authenticity.

LEARNING GOALS

1. RELATIONSHIPS

Students will develop supportive and meaningful relationships. Students will learn what it means to be part of Middlebury's living and learning community by exploring themes of social connection to peers, shared identity among groups, and collective responsibility. Students will cultivate personal connections to staff, faculty, and alums, gaining access to an interwoven web of resources, support, and mentorship focused on student well-being. Students will develop relationships rooted in authenticity, vulnerability, and mutual accountability, crafting communities where they find belonging, acceptance, and support.

Each student will be able to:

a) Cultivate authentic friendships
b) Construct networks of support
c) Develop a relationship with one or more Middlebury mentor(s)
d) Cultivate a sense of belonging within peer networks and the global Middlebury community

2. IDENTITY / GLOBAL CITIZENSHIP / EMBRACING OUR DIFFERENCES

Students will integrate a culture of engagement, collaboration, and celebration within and across diverse communities. Students will learn about their own identities through critical self-reflection and meaningful engagement with new ideas and experiences. By living, learning, and working within Middlebury's diverse community, students will develop a global perspective, appreciation for those different from themselves, and skills for communicating with empathy and respect. De-centering themselves, students will engage with open minds, listen to the needs of others, and work together to create just communities.

Each student will be able to:

a) Articulate personal and group-based social identities
b) Practice a mindset of curiosity over judgment
c) Cultivate equity and social justice by centering marginalized communities
d) Explore diverse perspectives, experiences, and cultures
e) Demonstrate increased self-awareness and intercultural competency

3. PERSONALIZED PATH

Students will develop agency for their Middlebury experience by creating a personalized path for utilizing the extensive resources and opportunities available to Middlebury students. Students will define, experiment with, and evaluate their pathway in relation to their personal goals, interests, and curiosities. Students will develop ownership over their learning by taking calculated risks and finding correlation between their experience and their goals. Students will build critical self-efficacy and advocacy skills needed to navigate life at Middlebury, in preparation for adulthood.

Each student will be able to:

a) Identify goals related to personal values, interests, and curiosities
b) Experiment with possible pathways by exploring opportunities through calculated risk-taking
c) Prioritize and design pathway through self-reflection

4. WELL-BEING

Students will explore behaviors and attitudes that support their individual health needs and goals.
Students will cultivate an understanding that health is shaped by their identities, lived experiences, and communities. Students will engage with educational programming, clinical physical and mental health services, leadership opportunities, and skills-based trainings to explore their own wellness.

Each student will be able to:

a) Contribute to community health through individual actions
b) Build confidence and skills to promote and protect health
c) Identify and tend to individual health needs

5. HOLISTIC / PERSONAL GROWTH

Students will develop essential skills, attitudes, and behaviors for ongoing holistic growth. Students will acquire the essential skills needed to flourish in society, such as personal finance, digital literacy, applying for and securing a job, leadership development, time management, networking, and effective communication. Students will explore the benefits of adopting a growth mindset to constructively overcome setbacks and adversity. Students will establish self-reflective and strategic practices for determining alignment between life experience, values, interests, and goals.

Each student will be able to:

a) Develop skills for daily living, academic growth, financial wellness, personal development, and career readiness
b) Demonstrate a growth mindset
c) Establish self-reflective practices to determine alignment between life experiences, values, interests, skills, and goals